

### S.A.L.A.M.I Method Exam Wrapper

An exam wrapper is a tool that can help students reflect on their exam performance and make data driven changes to their learning and study strategies. The S.A.L.A.M.I. wrapper is divided into 5 sections. These five sections contain different reasons why you might have missed a question on the exam. To use the exam wrapper:

1. Familiarize yourself with the statements in the sections below.
2. Review your exam and identify each question that was marked wrong.
3. Identify the statement that best describes why you missed each question. Place the number of the question in the empty cell next to that statement. For example, if you missed question #3 on an exam and statement #1 under **Understanding and Building Context** best describes why you missed it, put a #3 in the empty cell next to statement #1.
4. In the last section, **Environmental Factors**, place a yes or no next to each statement to indicate which, if any, environmental factors affected your performance on the exam.
5. When you have finished reviewing your exam, add up the question numbers in each section. Higher scores indicate that adjustments may need to be made in these areas.

Understanding and Building Context	Question #
1. I had difficulty understanding concepts necessary to answer the question.	
2. I did not understand the interrelationship between two or more concepts (i.e. mechanism of action and clinical use, ionization and solubility, transcription and translation).	
3. I missed class the day this concept was covered and had to make up the information.	
<b>TOTAL SCORE</b>	
<b>Potential Corrective Actions:</b> <ol style="list-style-type: none"> <li>1. Complete pre-viewing sheet prior to attending class.</li> <li>2. Ensure that you are re-activating related knowledge before attending class.</li> <li>3. Compare and review notes with a classmate. Identify information that you might have missed during class.</li> <li>4. Use lecture recordings to fill in gaps in your notes or to review explanation of concepts that were confusing.</li> <li>5. If you discover gaps in your knowledge or understanding get <u>timely help</u> from <u>content experts</u> (course instructors, TAs or tutors.)</li> </ol>	
Consolidation	Question #
1. I studied but could not recall facts and concepts needed to answer the question.	
2. I recalled <b>some</b> of the facts/concepts to answer the question but not all of them.	
3. I recalled the facts/concepts to answer the question but not in <b>enough detail</b> .	
4. I struggled to remember facts and information <b>quickly</b>	
5. I struggled with vocabulary terms.	
6. I did not study the material necessary to answer the question.	
<b>TOTAL SCORE</b>	

<b>Corrective Actions:</b>	
<ol style="list-style-type: none"> <li>1. Use multiple retrieval practice strategies when preparing for an exam. Retrieval practice should constitute most of your study sessions.</li> <li>2. Avoid mass practice of material. Study and practice retrieval at regularly spaced, daily intervals.</li> <li>3. Identify and avoid distractors while studying to maintain focus and productivity.</li> <li>4. Develop S.M.A.R.T. goals for each study session.</li> <li>5. Review and analyze course and lecture learning objectives to gauge instructor's expectations for depth and breadth of learning.</li> </ol>	
<b>Utilization</b>	<b>Question #</b>
1. I did not understand how to solve the problem.	
2. I had difficulty analyzing information in the question.	
3. I could not interpret a diagram, graph, table or figure in the question.	
4. I could not distinguish important from non-important data in the question.	
5. I failed to recognize the clinical implications of the question.	
6. I was unable to make a connection between two different concepts in order to answer the question correctly.	
7. I made a mathematical error in my calculation.	
8. I did not have time before the exam to complete practice questions of problem sets.	
<b>TOTAL SCORE</b>	
<b>Corrective Actions</b>	
<ol style="list-style-type: none"> <li>1. Ensure that you have completed assigned problems sets or questions prior to exam.</li> <li>2. Problem sets or questions should be completed without the use of notes and answers should be cross checked with reliable sources.</li> <li>3. Work with a study group to gain experience solving problems.</li> </ol>	
<b>Exam Skills</b>	<b>Question #</b>
1. I did not understand the question.	
2. I did not carefully read all answer options and picked the first one that looked correct.	
3. I read the question quickly and missed important details or meaning.	
4. I did not pay attention to key words like <i>never, always, except, etc.</i> in the question stem.	
5. I overthought and missed what the question was asking.	
6. I did not think logically about the question.	
7. I changed my answer and my first choice was correct.	
8. I only read part of the question before choosing my answer.	
9. I ran out of time and guessed at the end.	
10. I did not use the process of elimination to help me to answer the question.	
<b>TOTAL SCORE</b>	
<b>Possible Corrective Actions</b>	
<ol style="list-style-type: none"> <li>1. Take the first 5 minutes of an exam to familiarize yourself with question types. Be strategic about what questions you answer first and how much time you spend on each question.</li> <li>2. Highlight key words and phrases in the question stem.</li> <li>3. Familiarize yourself with the answer selections before reading the stem and attempting to answer the question.</li> <li>4. Use the process of elimination to help improve your chances of getting the problem correct.</li> </ol>	

<b>5. DO NOT change your answers unless you have an epiphany or discover information in another question that might help answer a previous one.</b>	
<b>Environmental Factors PLEASE ANSWER YES OR NO</b>	<b>YES or NO</b>
1. I was distracted by noise or other students during the exam.	
2. I had a difficult time focusing/concentrating during the exam.	
3. I blanked on information necessary to answer questions.	
4. I slept well and got enough sleep the night before the exam.	
5. I appropriately ate and hydrated before the exam.	
6. I had enough time to complete the exam.	
<b>Possible Corrective Actions</b> <ol style="list-style-type: none"> <li>1. If approved by proctors, utilize ear plugs to help eliminate distractions from noise.</li> <li>2. Get enough sleep prior to the exam.</li> <li>3. Eat and hydrate properly before the exam begins.</li> <li>4. Seek out assistance from profession sources (academic affairs office, disability support or campus counseling services) if you suspect that you have a learning disability or severe exam anxiety.</li> </ol>	